

FREE GYM MEMBERSHIP FOR EVERY READER!

February 2004 £2.70 www.newwoman.co.uk

# newwoman

## Amazing real life!

'I shed 10 dress sizes  
overnight...  
but nearly died'

Sex addict! 'Even  
watching EastEnders  
makes me orgasm'

'We joined Robbie's  
self-help group...'  
Celeb reporters confess

### YOUR LOVE, MONEY & HEALTH DESTINY 2004!

How to do your  
own 100% accurate  
palm-reading

## REVAMP!

# 492

## NEW-YOU FASHION & BEAUTY IDEAS

### BRAND NEW INTERVIEW!

## Gwyneth's life goes right!

Chris, London  
and will she have  
the baby here?

# Lose 7lb in 2 weeks!

The diet that worked for Britney & Jennifer Lopez

TOTALLY  
EXCLUSIVE  
HOLLYWOOD  
DIET!

